

Physical Therapy Injury Rehab for Climbers

Climbing Related Injuries of the Hand, Elbow, Shoulder: How to Evaluate and Treat

Learn how to climb and treat climbing related injuries. You will gain greater insight into the mechanisms of climbing injuries by being able to experience the sport of climbing firsthand. **No climbing experience necessary.**

Climbing has made its debut in the Tokyo 2021 Olympics for the first time as a competitive sport ever in the history of the Olympics. The popularity of climbing has yet to reach its peak. As more and more people begin to climb there will be an inevitable rise in climbing related injuries. When seeking medical help, climbers become frustrated because they are told to stop climbing and rest without a clear explanation. If there is one thing climbers hate the most, it is not being able to climb because of an injury.

After this workshop, you will be able to provide helpful treatment plans to climbers so they can keep doing what they love!

This has been approved by the Illinois Physical Therapy Association for **8 CE credit hours**. These credits are good for **physical therapists** and **occupational therapists** that practice in Illinois. For all other state, please contact your regulatory association to see if the credits carry over.

Workshop Detail

Dates

- **September 25, 2021 (Saturday)**

Cost: \$250

Location: Lincoln Park, Chicago

Register: www.leeptchicago.com/ceu or scan here



James Lee

PT, DPT, FAAOMPT

Owner of Lee Physical Therapy

James received his DPT from Rosalind Franklin University of Medicine and Science in 2010. In 2016 James started his own outpatient cash-based PT practice. And in January of 2017, he received his title of FAAOMPT.

James is an avid climber of 14 years climbing all over the States. With his passion for climbing he has come to specialize in treating climbing related injuries.

